

COACHING MINOR

Department website (<https://www.uwp.edu/learn/programs/coachingminor.cfm>)

College: College of Natural & Health Sciences

A minor in coaching allows students to learn key fundamental elements of the coaching profession in academic and practical settings. Program focal points include learning the physical and mental aspects of the profession, student-athlete safety and training concepts along with practice and game preparation.

Students who successfully complete the coaching minor requirements will meet Wisconsin Intercollegiate Athletic Association (WIAA) requirements for coaching. Students who successfully complete the coaching minor requirements will also meet Illinois High School Association (IHSA) course requirements for coaching but will also need to pass the Illinois By-Law Examination to be certified to coach in Illinois high schools.

Program Learning Outcomes

1. Allows students to learn key fundamental elements of the coaching profession in academic and practical settings.
2. Learning the physical and mental aspects of the profession.
3. Learning student-athlete safety techniques.
4. Learning training concepts along with practice and game preparation.

Requirements for the Coaching Minor

Achieve a minimum cumulative GPA of 2.50 including all courses used to complete the minor.

Code	Title	Credits
Required Courses		
HLTH 250	First Aid and Safety	3
PE 200	Fundamentals of Coaching	3
PE 301	Sport Conditioning Practice Design ¹	3
PE 305	Coaching Individual and Team Sports	3
PE 493	Coaching Practicum	1
KSP 320	Sport and Exercise Psychology	3
Elective Course		
Select two of the following:		6
HLTH 280	Nutrition for Wellness	
KSP 306	Motor Learning and Development	
KSP 345	Prevention and Care of Athletic Injuries	
PE 210	Fundamentals of Sports Officiating	
SPMT 200	Ethics and Issues in Sport Management	
SPMT 300	Legal Issues in Sport Management	
SPMT 380	Facility Development and Management	
SPMT 400	Sports Analytics	
Total Credits		22

¹ Students in the kinesiology and sport performance major may use the following courses to substitute for the PE 301 course requirement: KSP 415, KSP 420 and KSP 425 (all three courses are needed for the substitution).

University Requirements for Minors

Course work in the minor must be completed with the minimum GPA as specified by the department or program under which the minor falls, usually a 2.00 on a 4.00 scale, but higher in some programs. Transfer students must attain the minimum specified GPA on a combination of transfer credits accepted toward the minor and credits attempted at UW-Parkside.

At least half of the course work required for a minor must be completed at UW-Parkside.